

# 2023/24 YOUTH DEVELOPMENT



## FOOTBALLING PRINCIPLES

#### PLAYING FOOTBALL THE RIGHT WAY

We will mandate our teams to play football by keeping the ball on the floor and looking to keep possession. We will build attacks with short passes and allow our players to express themselves in the final third. Players will not aimlessly kick the ball as far forward as they can.

#### **CONFIDENCE TO PLAY**

We want our players to be confident to play in tight areas and under pressure. We will look to give players confidence to play when winning the ball back instead hopelessly kicking the ball out and feel confident to receive the ball in tight areas.

Parents, players and supporters shouting, "Get it up there!" Get it out!" goes against our football principles set out.

This includes goalkeepers kicking the ball from their hands, we will always look to roll or pass to an outfield player over kicking the ball high up the pitch.

#### A GOALKEEPER IS A PLAYING OPTION

A goalkeeper should touch the ball with his feet more than double the times he touches it with his hands.

Outfield players will be given instructions to use the goalkeeper as option if needed too.

Goalkeepers will be given confidence to play out from the back and look to build attacks from this.

#### **FUN, FUN, FUN**

We want our players to enjoy themselves when playing football.

Win, lose or draw your enjoyment is most important.

#### **TOGETHER EVERYONE ACHIEVES MORE**

There is no I in TEAM.

We all want to work together to achieve the best possible outcome of development.

#### **CREATIVE PLAYERS, CREATIVE MINDS**

We want our players to be creative with their play, we want them to express themselves with ball especially in the final third and we want our players to create an environment they love.

### MAKE MISTAKES, LEARN FROM THEM MOVE ON.

We recognise all players will make mistakes when learning these principles. We will promote an environment for players to not feel afraid to make mistakes but to learn from them.

It is vitally important that this same message and support comes from parents and supporters so our players will not be afraid to make mistakes when learning the game.

#### **WORK HARD, STAY HUMBLE**

We want our players to be hardworking in both training and matches but to be humble as a person that shows respect and integrity.



### 4 CORNER DEVELOPMENT

#### TECHNICAL/TACTICAL

- Ball Mastery
- Passing
- Shooting
- Attacking Principles
- Defensive Principles
- Movement

#### **PSYCHOLOGICAL**

- Confidence
- Dealing with setbacks
  - **Decision Making** 
    - Emotion
    - Humility

#### **PHYSICAL**

- Agility
- Balance
- Conditioning
- Speed

#### **SOCIAL**

- Communication
  - Friendship
  - Positive
  - Respect
  - Self-Esteem
  - Team Work

#### THE FA 4 CORNER MODULE FOR DEVELOPMENT

We promote the FA 4 Corner Module for development as identity for all our coaches to promote.

The 4 Corner module encourages our coaches to consider an individuals or teams progress by looking across these 4 key areas of development.

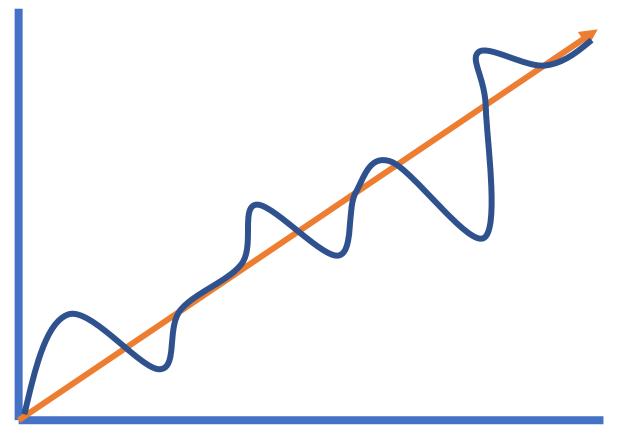
Each of these corners is equally important, and no one corner works in isolation as example as we develop more technically, we may become more confident or if we are able to deal with setbacks better, we may see a more positive approach to their development.

#### PROVIDING SUPPORT TO DEVELOP

The 4 Corner module can be used with all players and provides us with a tool that we can use to:

- · Observe a team or individual
- Reflect on the areas of strengths and weaknesses
- Make decisions that support the development

All 4 areas are crucial to a player's development within football.



**DEVELOPMENT** 

#### YOUTH DEVELOPMENT WITHIN FOOTBALL

We probably believe that children playing football will just naturally progress each year and get better all the time.

This couldn't be further from the truth; we will tell you why.

- · Children are forever changing, growing and developing.
- Children will suffer setbacks
- Children will have problems at school and at home
- · Children will suffer with a lack of confidence or anxiety
- Children will get ahead of themselves
- · Children will misbehave
- · Children will not listen
- · Children will show an interest in something else

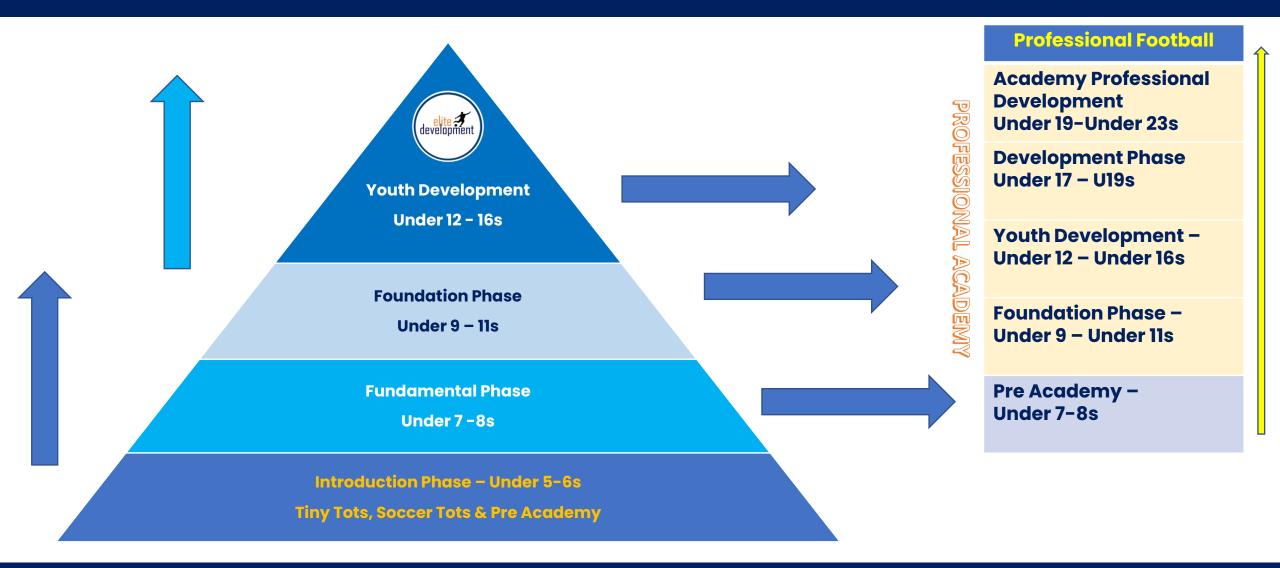
There lots more factors which you could probably think of.

#### YOUR RACE IS DIFFERENT TO EVERYONE ELSES

We all want the best for their development but just remember this their race and just because they are not winning early doesn't mean they can't still come out on top.

Each child develops differently and at different speeds and we must remember every child is forever changing.







# Our core values are not all about football they are transferable skills that will help you to be a better person.

### WE WANT TO INSPIRE PLAYERS TO BE GOOD PEOPLE ALWAYS

We want to see our players transfer such skills such as character, leadership, resilience and teamwork into school and beyond.

#### **POSITIVITY ALWAYS WINS**

That's our passionate message for our young players. When you play positive, you play better.

#### **RESPECT ALL**

We want all our players to show respect to their teammates, coaches, opposition and referees at all time.

#### **PASSION FOR PLAYING**

We want our players to play for their underlying love for the game for trying their best.

We want to only add to that passion for Football with our energy and love for the game too.

#### **WILLINGNESS TO LEARN**

We want our players and coaches to both have a willingness to learn and improve.

#### **FOOTBALL IS FOR ALL**

Football is for all genders, ethnicities, religions and children with disabilities and always will be.

#### **ENVIRONMENT IS KEY**

We want to create a positive, safe and dynamic work environment for all.

#### WHEN WE LOSE, WE LEARN

Whenever losing in training and matches use this a positive to learn from and what we can do better next time.

#### HIGH STANDARDS, HIGH RESULTS

We pride ourselves on being the best every day to improve individually but also to improve your team mates every day too.